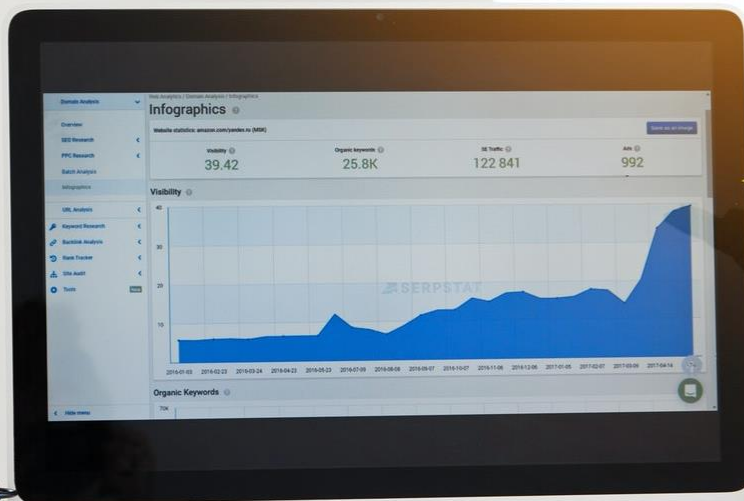




Polish Investment
& Trade Agency
PFR Group



Macroeconomic Review by the Polish Investment and Trade Agency no. 222

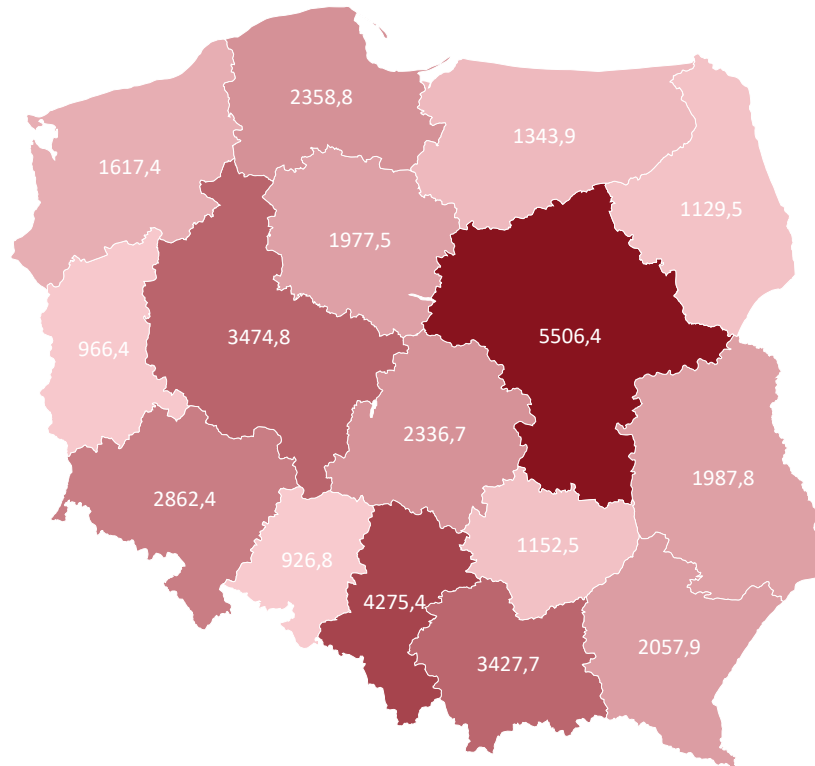
December 2025

Poland's population

The population by region, H1 2025 [thous.].



Poland's
population
37.40 m



In urban areas
59.4%



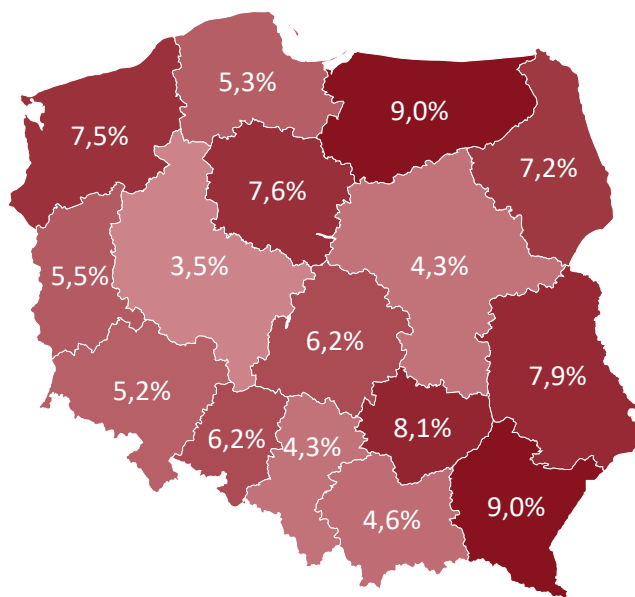
In rural areas
40.6%

The situation on Poland's labour market (1/2)

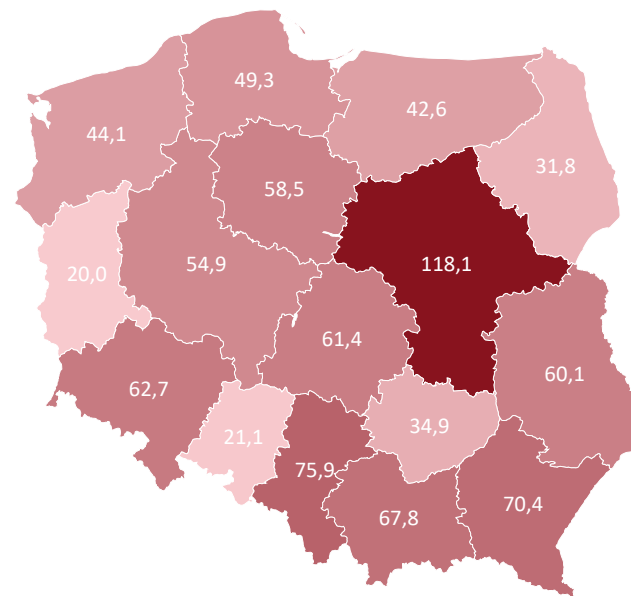
The registered unemployment rate at the end of November 2025 was 5.6%. Compared to the end of October 2025, the unemployment rate increased remains unchanged, while compared to the November 2024 it was 0.6 p.p. higher.

The number of registered unemployed at the end of November 2025 was 873.6 thous., compared to 867.3 thous. last month and 774.5 thous. in the same month last year.

Unemployment rate by region, November 2025, in %



Registered unemployed by region, November 2025, in thous.



The situation on Poland's labour market (2/2)

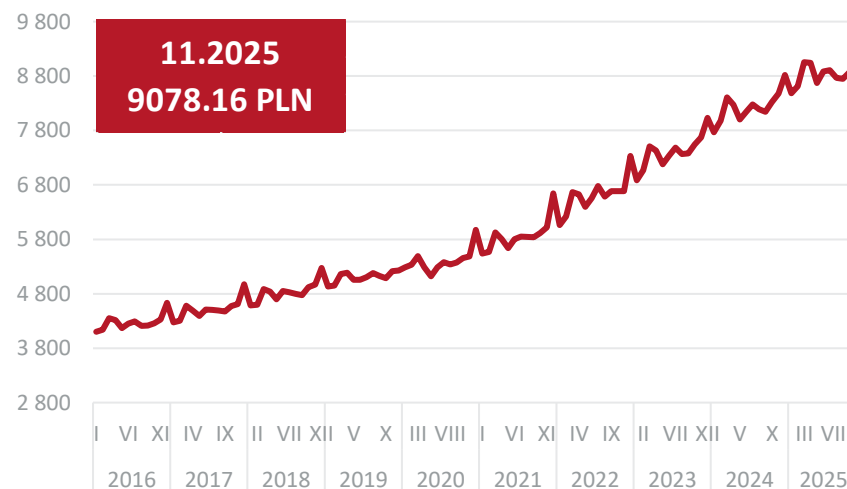
In November 2025, the average paid employment in the enterprise sector was 6 413.8 thousand full-time equivalents, 0.8% lower than a year earlier.

The average monthly gross wage and salary in the enterprise sector in November 2025 was PLN 9 078.16, i.e. it increased by 7.1% in nominal terms compared with November last year.

Registered unemployed 2011 – 2025 [%]



The average gross monthly salary in the enterprise sector
2011 – 2025 [PLN]



Gross Domestic Product



GDP 2024
PLN
3,653.43
bn PLN*

According to
stat.gov.pl



Growth
2023/2024
+3.0%*

According to
bdm.stat.gov.pl

*preliminary data

Gross domestic product
(quarter last year=100%)



ESTIMATES FOR
2025

1. QUARTER

+3.2%

2. QUARTER

+3.3%

3. QUARTER

+3.8%

4. QUARTER

-

Forecasts

EUROPEAN COMMISSION

2025

3.2%

2026

3.5%

IMF

2025

3.2%

2026

3.1%

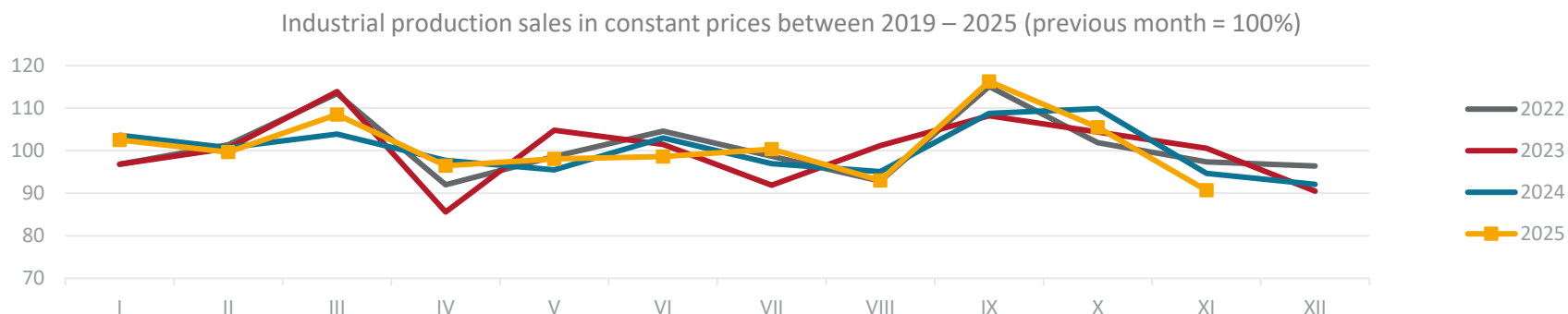


Sources: <https://stat.gov.pl/en/topics/national-accounts/>, <https://bdm.stat.gov.pl/>
European Commission: Autumn 2025 Economic Forecast; IMF: World Economic Outlook October 2025

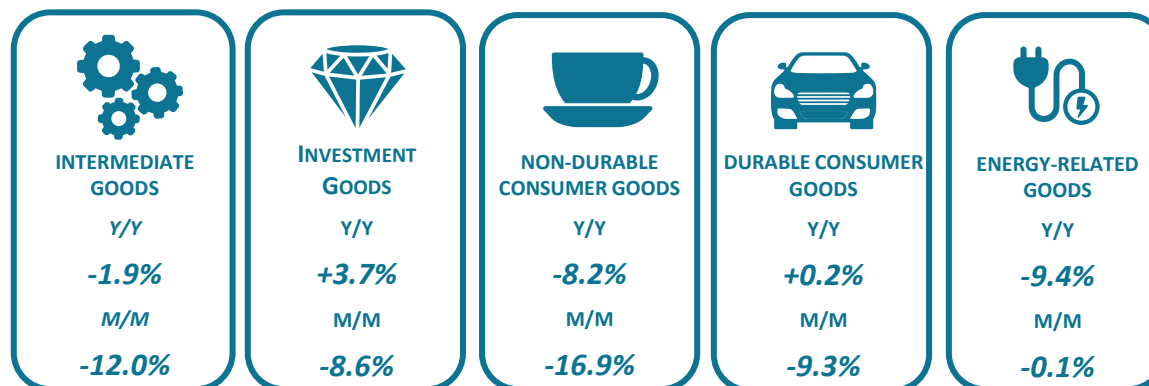
Sold production of industry

In November 2025, sold production of industry was by 1.1% lower than in November 2024 (when a decrease was recorded by 1.3%), whereas in comparison with October 2025, it decreased by 9.3%. In the period January-November of 2025, sold production of industry was by 2.5% higher than in the corresponding period of 2024 (which saw an increase by 0.5%).

After eliminating the seasonal factors, in November 2025 sold production of industry reached the level higher by 0.8% than in the corresponding month of 2024 and by 1.6% lower than in October 2025..

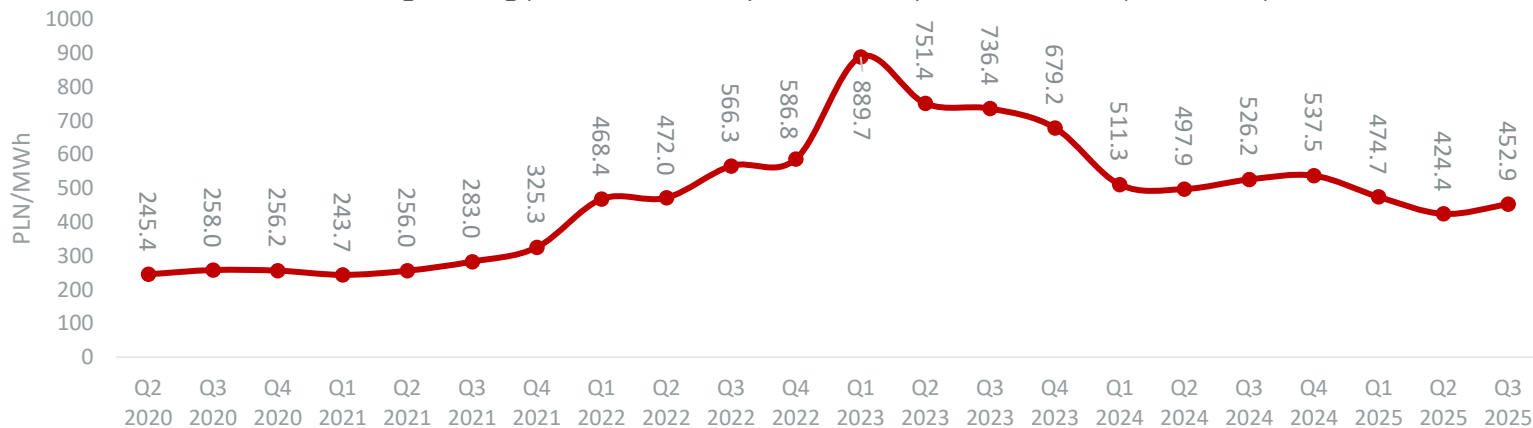


Production of goods – November

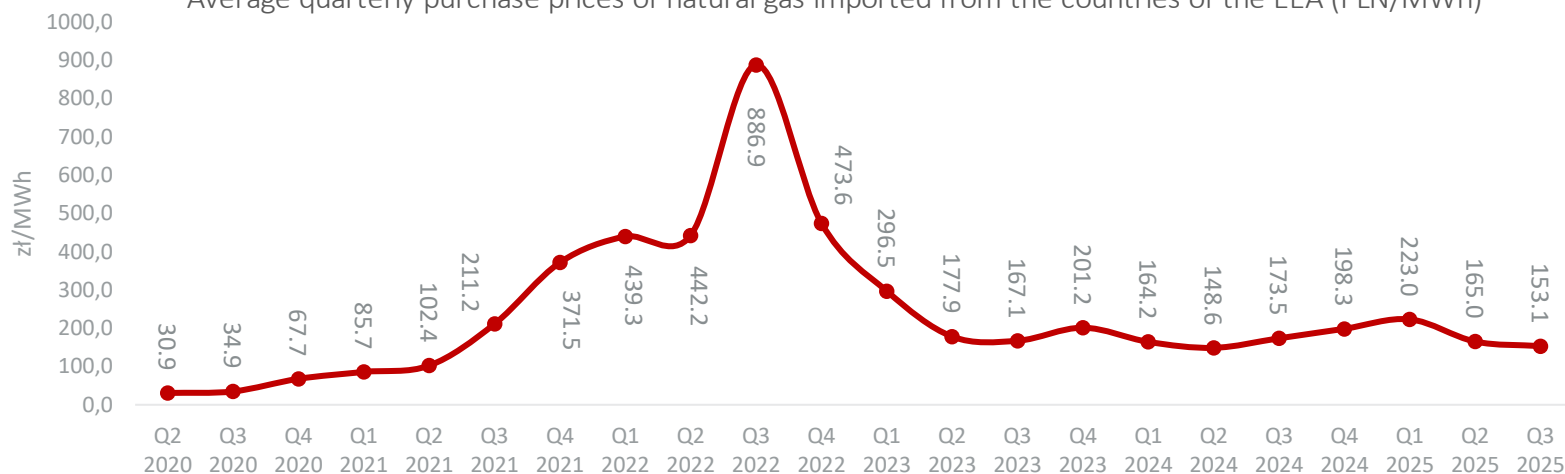


Electricity, gas and water prices

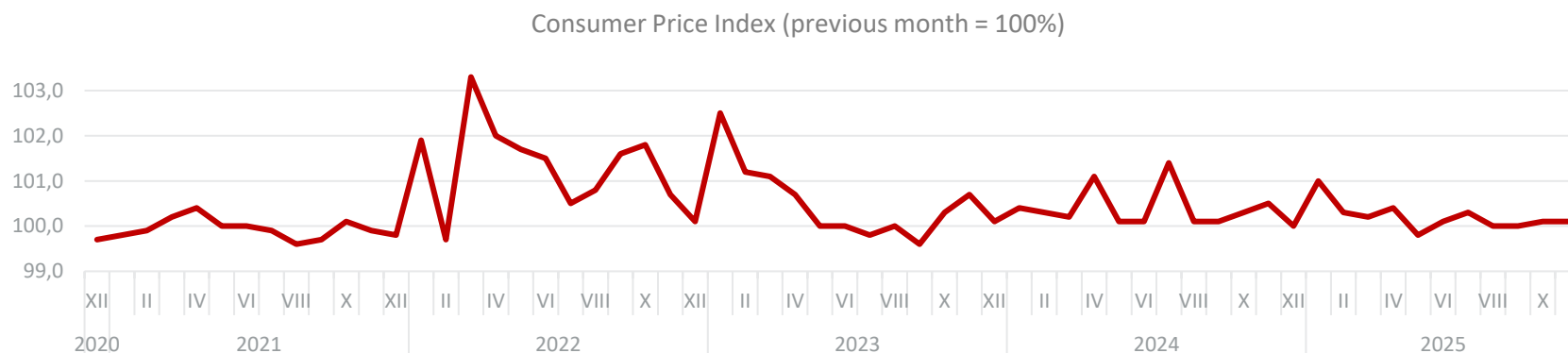
Average selling price of electricity on the competitive market (PLN/MWh)



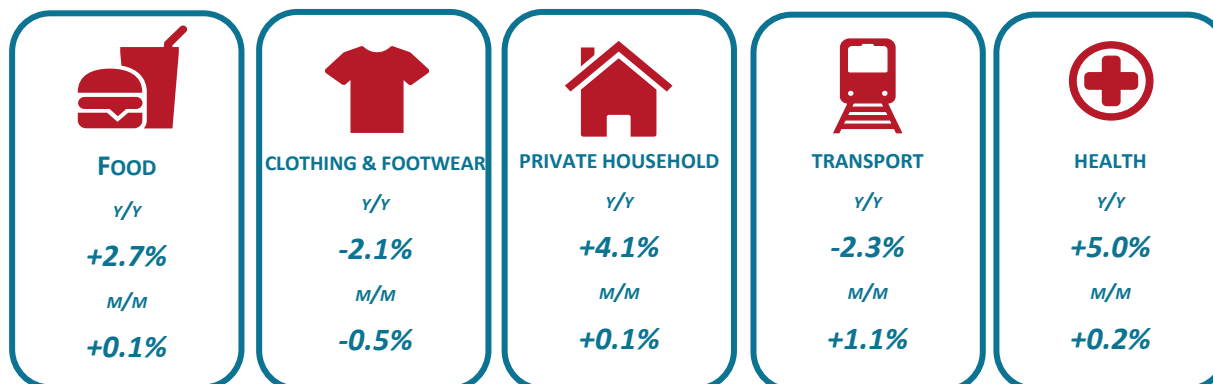
Average quarterly purchase prices of natural gas imported from the countries of the EEA (PLN/MWh)



According to the data, the prices of sold production of industry in XI 2025 has changed compared to a previous month by +0,1% and compared to the same month of the previous year by -2,4%. Consumer prices has changed by +0,1% compared with the previous period and by +2,5% compared with the corresponding month of the previous year.



Inflation – November



The values and dynamics¹ of foreign trade (denominated by currency)

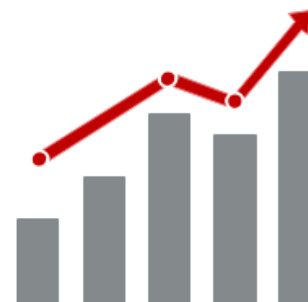


January-October 2025

zł	€	\$
EXPORT	EXPORT	EXPORT
PLN 1290.7 BN	€ 304.3 BN	\$ 340.0 BN
+1.2% Y/Y	+2.8% Y/Y	+4.9% Y/Y
IMPORT	IMPORT	IMPORT
PLN 1312.2 BN	€ 309.3 BN	\$ 345.6 BN
+3.7% Y/Y	+5.4% Y/Y	+8.2% Y/Y
BALANCE	BALANCE	BALANCE
PLN -21.5 BN	€ -5.1 BN	\$ -5.6 BN

Foreign trade turnover in January–October 2025 in exports at current prices amounted to PLN 1 290.7 bn, while in imports - PLN 1 312.2 bn. The negative balance reached the level of PLN 21.5 bn.

In comparison to the corresponding period of last year exports increased by 1.2%, and imports by 3.7%



Collection of data on foreign trade turnover is open. Data published formerly is updated according to new customs documentation and INTRASTAT declarations. Final data will be available at the end of July 2026.

¹in relation to exports / imports in the same period of the previous year

International trade (2/2)

Cumulative monthly data



Polish Investment
& Trade Agency
PFR Group

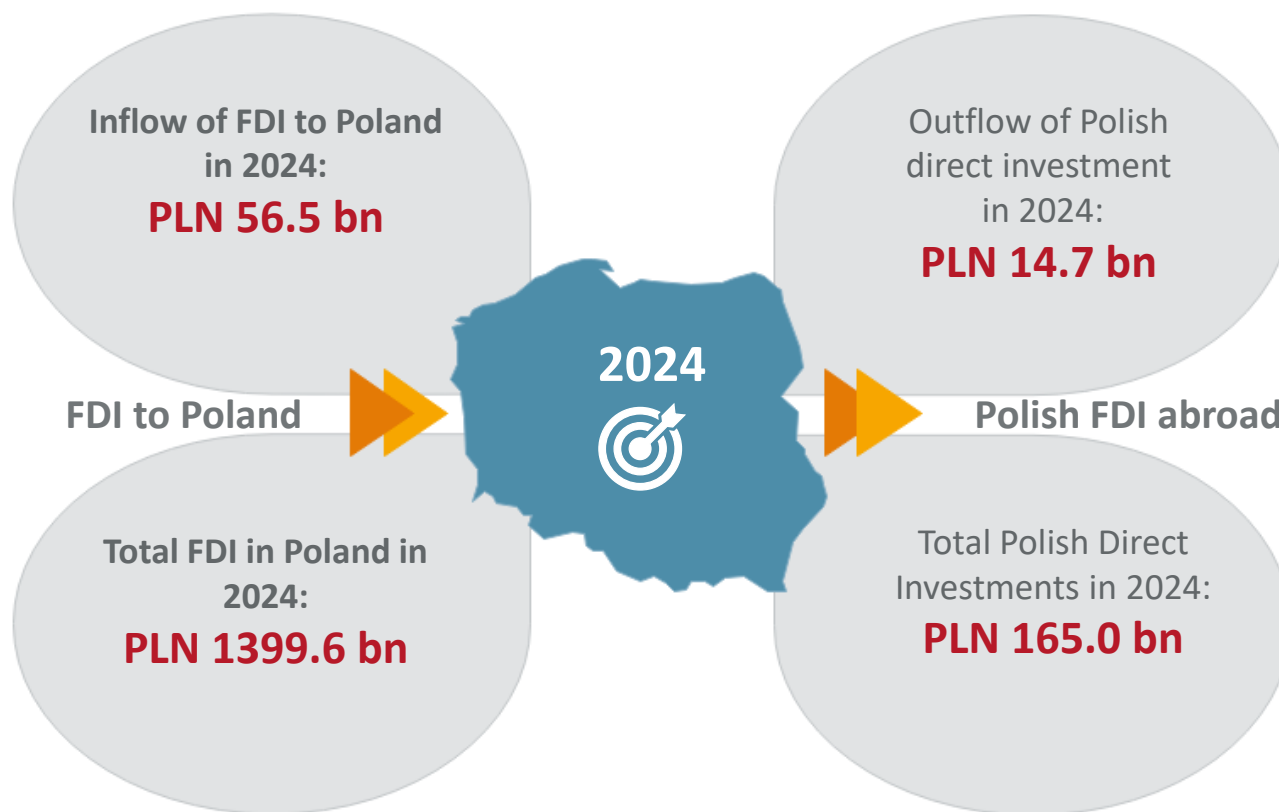
Specification	01-10 2025						2024	2025
	bn			01-10 2024 = 100			01-10	
	PLN	USD	EUR	PLN	USD	EUR	structure %	
Exports	1290.7	340.0	304.3	101.2	105.6	102.8	100.0	100.0
Developed countries	1125.6	296.5	265.4	101.9	106.3	103.5	86.6	87.2
of which EU	966.0	254.5	227.7	101.8	106.2	103.5	74.4	74.8
of which euro-zone	757.3	199.5	178.5	101.4	105.7	103.0	58.6	58.7
Developing countries	104.9	27.6	24.7	100.2	104.6	101.8	8.2	8.1
Countries of Central and Eastern Europe	60.2	15.9	14.2	91.3	95.4	92.8	5.2	4.7
Imports	1312.2	345.6	309.3	103.7	108.2	105.4	100.0	100.0
Developed countries	846.9	223.0	199.7	102.4	106.9	104.1	65.3	64.5
of which EU	692.4	182.3	163.2	102.6	107.0	104.3	53.3	52.8
of which euro-zone	551.1	145.1	129.9	102.1	106.5	103.8	42.6	42.0
Developing countries	443.0	116.7	104.4	107.3	111.9	109.0	32.6	33.8
Countries of Central and Eastern Europe	22.2	5.8	5.2	85.3	88.8	86.7	2.1	1.7
Balance	-21.5	-5.6	-5.1
Developed countries	278.7	73.5	65.7
of which EU	273.6	72.2	64.5
of which euro-zone	206.3	54.4	48.6
Developing countries	-338.1	-89.1	-79.7
Countries of Central and Eastern Europe	38.0	10.0	8.9



Source: <https://stat.gov.pl/en/topics/prices-trade/trade/>

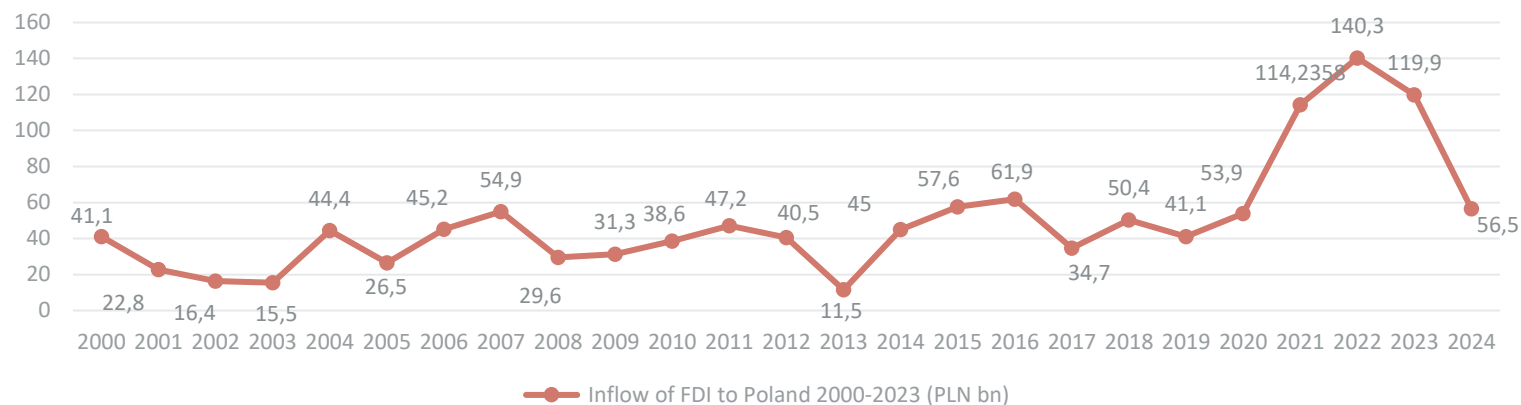
Foreign direct investments (FDI) (1/3)

The National Bank of Poland publishes its annual data on the inflow to Poland and the outflow from Poland (transactions) of capital in the form of direct investment, as well as the existing value of FDI in Poland and Polish Direct Investments abroad (state of commitments).

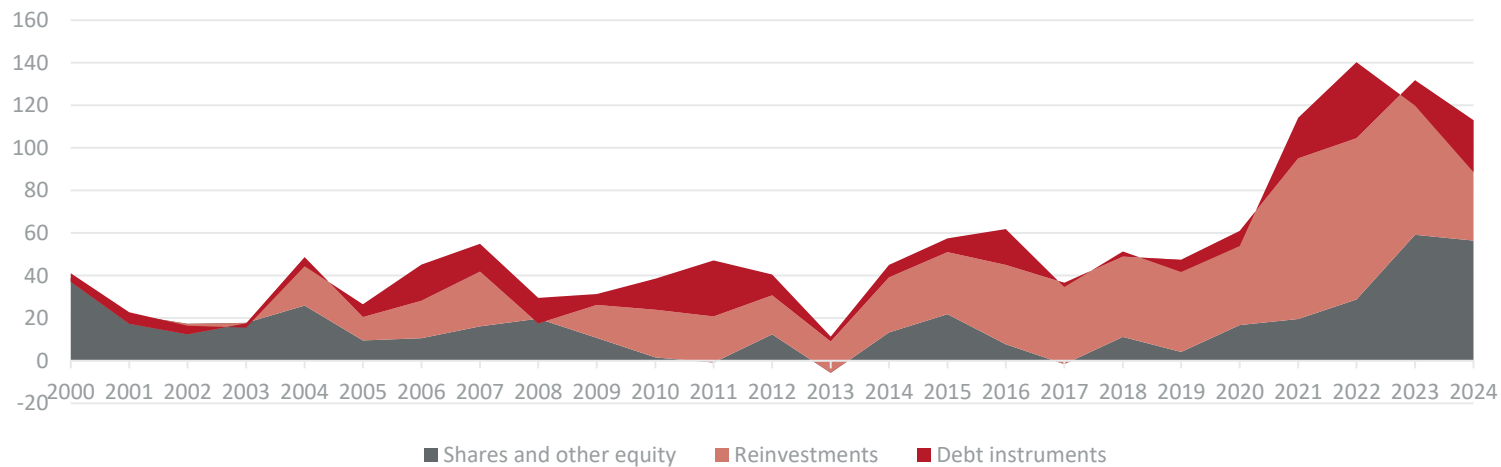


Foreign direct investments (2/3)

Inflow of FDI to Poland 2000-2024 (PLN bn)



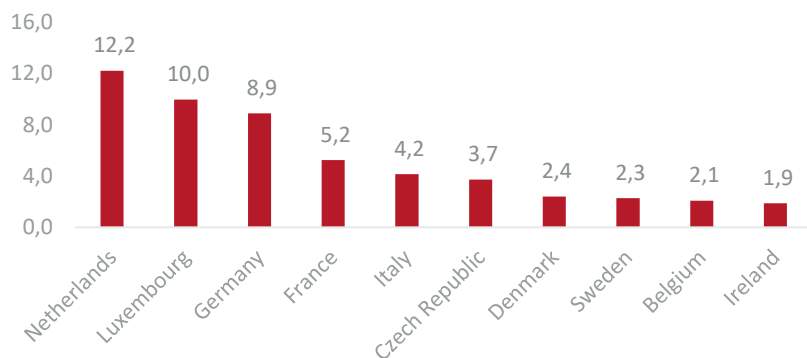
Inflow of FDI to Poland in PLN billion
broken down by types of capital flows



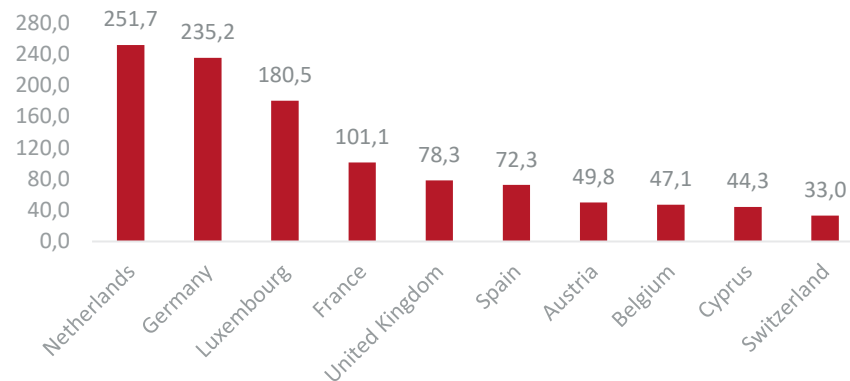


Foreign direct investments (3/3)

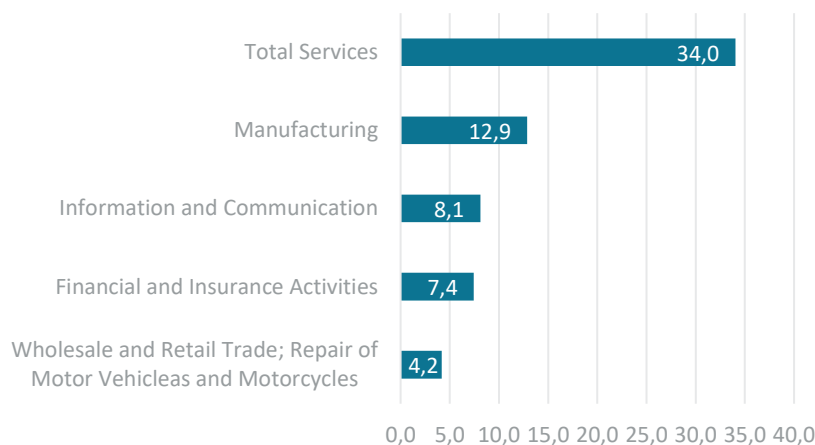
Inflow of FDI in 2024 by country of origin
(PLN bn)



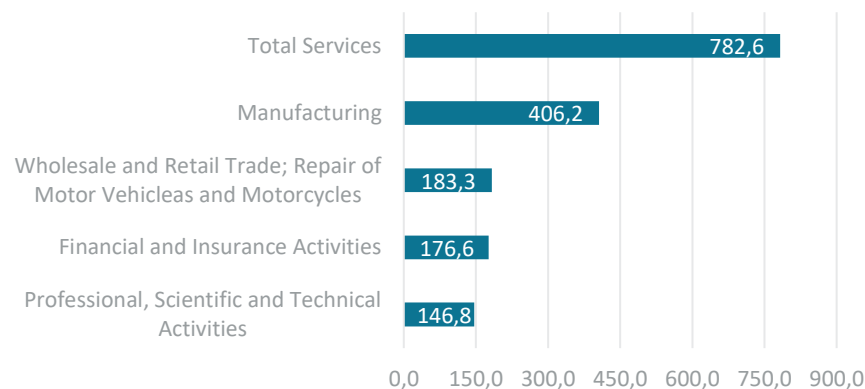
Status of liabilities due to FDI in 2024
by country of origin (PLN bn)



FDI inflow in 2024 by sector (PLN bn)

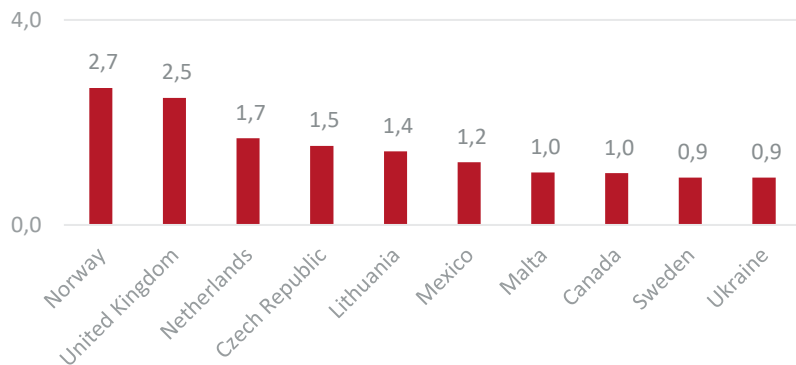


Balance on liabilities (Polish Direct Investments)
in 2024: by sector (PLN bn)

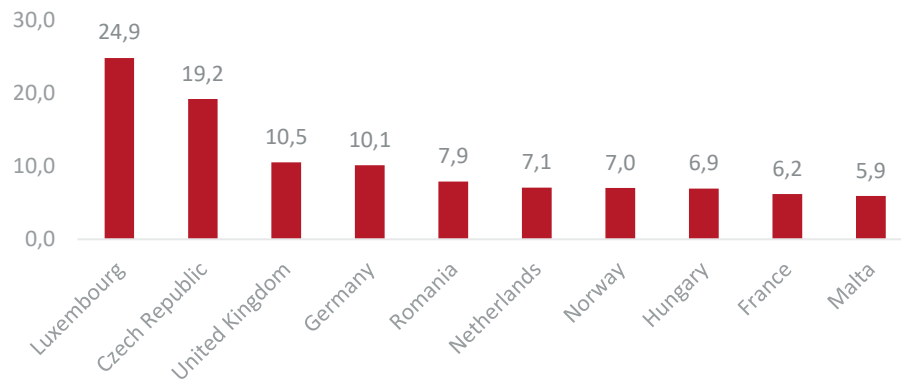


Polish direct investments (PIB)

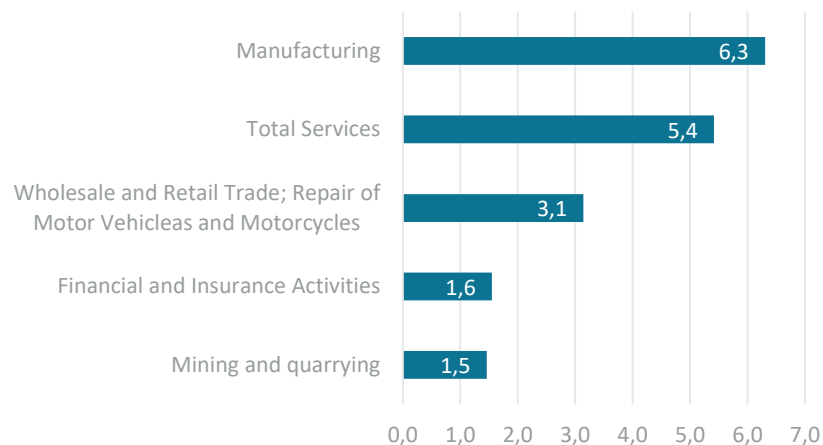
PIB outflow in 2024: countries of destination
(PLN bn)



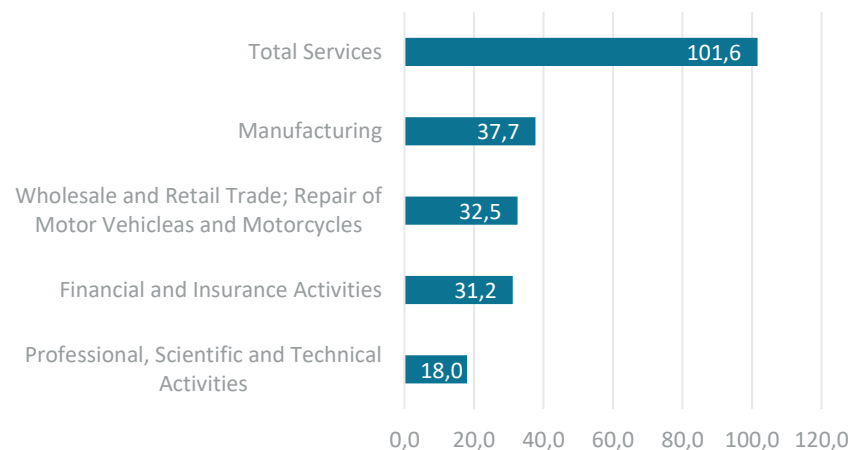
Balance on liabilities PIB in 2024: countries of destination
(PLN bn)



PIB outflow 2024 sectors (PLN bn)



Balance on liabilities PIB in 2024: sectors (PLN bn)



National Bank of Poland – interest rates



Polish Investment
& Trade Agency
PFR Group

Basic NBP interest rates is a monetary policy tool that regulates the amount of money on the Polish market. By determining the interest rates, the NBP influences the level of the interbank market, and thus the interest rates on loans and deposits of commercial banks.

During its meeting on 2-3.12.2025, the Monetary Policy Council decided to decrease interest rates.



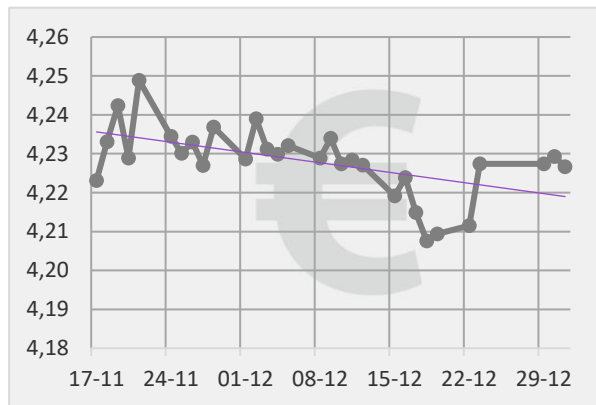
Interest rate	Rate	Applicable since:
Reference rate	4.00%	2025-12-04
Marginal lending facility rate	4.50%	2025-12-04
Deposit rate	3.50%	2025-12-04
Rediscount rate	4.05%	2025-12-04
Minimum reserve ratio for PLN funds and funds in foreign currencies accumulated in bank accounts, for funds obtained from issuing securities	3.50%	2022-03-31



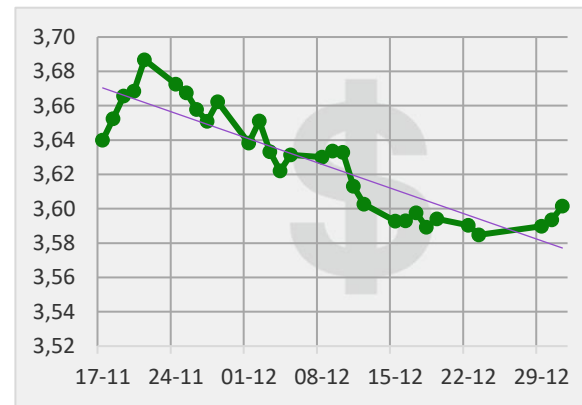
Source: <https://www.nbp.pl/homen.aspx?f=/en/dzienne/stopy.htm>

Currency rates

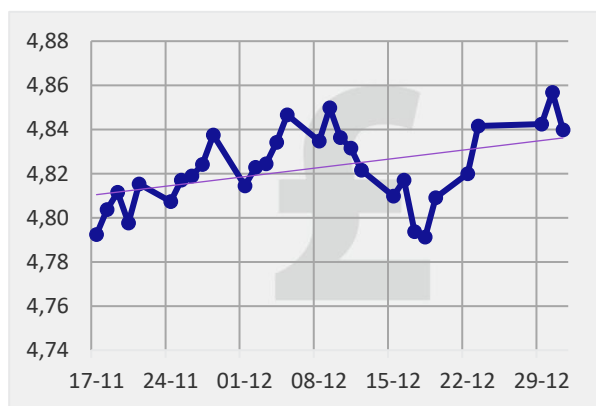
The weighted average in XII 2025:



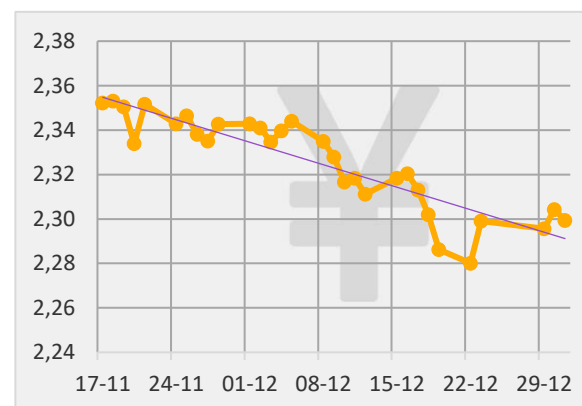
€ 1
PLN 4.23



\$ 1
PLN 3.61



£ 1
PLN 4.83



¥ 100
PLN 2.31



Poland's ratings

Credit ratings are used by investment funds and other investors to assess loans for a given entity, e.g. a country, significantly affecting the cost of loans for that entity and related entities.



Moody's	Standard&Poors	Fitch
A2	A-	A-
negative perspective	stable perspective	negative perspective
„Upper medium grade”	„Upper medium grade”	„Upper medium grade”
low credit risk	low credit risk	low credit risk
investment level	investment level	investment level
12.05.2017	12.10.2018	23.08.2013





Polish Investment
& Trade Agency
PFR Group

For further information contact

e-mail:

pawel.kasprowicz@paih.gov.pl

aleksander.jasinski@paih.gov.pl

Address

The Polish Investment and Trade Agency S.A.
Promotion Department
Krucza 50 St.
00-025 Warsaw

